PRE-DIET & EXERCISE COURSE SEQUENCE THROUGH 3RD YEAR:
Meet with graduate major professor to discuss remaining coursework and prerequisites

- ENGL 150
  - F,S,SS
  - 3 cr

- CHEM 163/163L
  - F,S,SS
  - 5 cr

  OR

- CHEM 177/177L
  - F,S,SS
  - 5 cr

- CHEM 178
  - F,S,SS
  - 3 cr

- BIOL 211
  - F,S
  - 3 cr

- FS HN 167
  - F,S,SS
  - 3 cr

- CHEM 231
  - F,S,SS
  - 3 cr

- BBMB 301
  - F,S,SS
  - 3 cr

- STAT 101, 104
  - F,S,SS
  - 3-4 cr

- FS HN 265
  - S
  - 3 cr

- FS HN 360
  - F
  - 3 cr

- FS HN 361
  - S
  - 2 cr

- FS HN 367
  - S
  - 1 cr

- FS HN 340
  - F
  - 1 cr

  (3rd year course)

- A TR 220
  - F,S,SS
  - 2 cr

- KIN 358
  - F,S,SS
  - 3 cr

- BIOL 256
  - S
  - 3 cr

- BIOL 255
  - F
  - 3 cr

- BIOL 255L
  - F
  - 1 cr

- FS HN 214
  - F,S
  - 3 cr

- FS HN 214
  - F,S
  - 3 cr

- MICRO 201
  - F,S
  - 2 cr

- KIN 258
  - F,S
  - 2 cr

- KIN 259
  - F,S
  - 2 cr

- MICRO 201
  - F,S
  - 2 cr

- HSP M 380
  - F,S
  - 3 cr

- HSP M 380L
  - F,S
  - 2 cr

- Math 140, 143, 160, 165 or 181

- PHYS 111
  - F,S,SS
  - 5 cr

- PHYS 115
  - F,S
  - 4 cr

- OR

- PSYCH 101, PSYCH 230, H S 110, and SP CM 212 can be taken any term, but must be completed or in progress to apply to the Diet and Exercise program (Oct. 1 of the third year). Planned course offerings may change, and students need to check the online Schedule of Classes each term to confirm course offerings: http://classes.iastate.edu

PSYCH 101, PSYCH 230, H S 110, and SP CM 212 can be taken any term, but must be completed or in progress to apply to the Diet and Exercise program (Oct. 1 of the third year). Planned course offerings may change, and students need to check the online Schedule of Classes each term to confirm course offerings: http://classes.iastate.edu

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