## Options: Family Health, Food Service, Global Health & Policy, Health Coach, Nutrition & Wellness

Minimum of 120 total semester credits required for the degree. Course credits are shown in parentheses.

### 6 INT’L PERSPECTIVES/U.S. DIVERSITY*
- Select from International Perspectives approved list: [http://www.registrar.iastate.edu/students/div-ip-guide](http://www.registrar.iastate.edu/students/div-ip-guide)
- Select from U.S. Diversity approved list: [http://www.registrar.iastate.edu/students/div-ip-guide](http://www.registrar.iastate.edu/students/div-ip-guide)

### 10 COMMUNICATIONS AND LIBRARY
- ENGL 150 Critical Thinking and Communication
- ENGL 250 Written, Oral, Visual, Electronic Comp.
- LIB 160 Information Literacy
- SP CM 212 Fundamentals of Public Speaking

### 17-18 HUMANITIES AND SOCIAL SCIENCES
- Humanities course**
- PSYCH 101 or 230 Psychology course
- SOC 134 Introduction to Sociology
- POL S 344 Public Policy
- FS HN 342 World Food Issues
  (Course can dual with International Perspectives)

### College of Agriculture & Life Sciences students
- ENV S 120 or 201 Environmental course

### OR, College of Human Sciences students
- Additional Humanities course**

### 6-8 MATHMATICAL SCIENCES
- MATH 140, 143, 160, 165, or 181 Math course
- STAT 101 or 104 Statistics course

### 5 PHYSICAL SCIENCES
- CHEM 163 or 177 College Chemistry or Gen. Chem. I
- CHEM 163L or 177L Laboratory in Chemistry

### 19 BIOLOGICAL SCIENCES
- BIOL 211 Principles of Biology I
- BIOL 211L Principles of Biology Laboratory I
- BIOL 212 Principles of Biology II
- BIOL 212L Principles of Biology Laboratory II
- BIOL 255 Fund. of Human Anatomy
- BIOL 255L Fund. of Human Anatomy Laboratory
- BIO 256 Fundamentals of Human Physiology and
- BIO 256L Fund. of Human Physiology Lab
- MICRO 201 Introduction to Microbiology
- MICRO 201L Introductory Microbiology Laboratory

### 5 FOOD SYSTEMS
- FS HN 242 Societal Impacts on Food Systems
- FS HN 442 Issues in Food and Society

Food systems courses include FS HN 242, 342, and 442; FS HN 342 fulfills the social science requirement shown above.

* Students must fulfill the International Perspectives and U.S. Diversity requirements by selecting coursework from approved lists; courses may dual list with other degree requirements.

** Select humanities course from approved list: [http://www.fshn.hs.iastate.edu/undergraduate/advising/approved-courses/](http://www.fshn.hs.iastate.edu/undergraduate/advising/approved-courses/)